

RIPIN Family Voices Peer Parent Support Groups

Who is RIPIN?

RIPIN is a local non-profit, peer-led organization founded in 1991 with a mission to assist individuals, parents, families, and children to achieve their goals for health, education, and socioeconomic well-being by providing information, training, education, support and advocacy for person/family centered care and system change.

Who is Family Voices?

Family Voices is a national, nonprofit, family-led organization promoting quality health care for all children and youth, particularly those with special health care needs. RIPIN's Family Voices program partners with families and professionals at the local, state, and national level. We provide families with the tools to make informed decisions and support them in developing leadership skills, so that together we can advocate for systems change to improve outcomes.

What is the purpose of a Peer Support Group?

Rhode Island Parent Information Network (RIPIN) hosts peer support groups to offer families an easy way to connect with others that have similar experiences. Our facilitators use their experiences to guide families towards appropriate resources and to build self-advocacy skills through peer to peer support.

Please Contact Tara Hayes for more information: 401.270.0101 X139 familyvoices@ripin.org





Why Join a Peer Support Group?

- ⇒ Meet other families
- ⇒ Learn about community resources
- ⇒ Practice your self-advocacy skills

Groups are held at: RIPIN

300 Jefferson Blvd, Suite 300 Warwick, RI 02888

Refreshments will be provided.

Peer-to-Peer Connections

When: Second Thursday of every month

Time: 6:30 pm - 8:30 pm

Facilitators:

Sandra Rivera Tara Hayes

401.270.0101 x117 401.270.0101 x139

Peer-to-Peer Connections Group provides parents and caregivers with information, resources, and support to help families care for their loved ones with different abilities. Facilitators have expertise in navigation of systems, the medically fragile, physical disabilities, and all transitions.

Upcoming meetings:

November 14, 2019 - What are you thankful for?

December 12, 2019 - Tell us about your snowflakes

January 9, 2020 - 20 Questions to start off 2020

February 13, 2020 - Taking care of you

For more information email <u>familyvoices@ripin.org</u>

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