

# RIPIN

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## Self-Direction 101



PERSONAL SUPPORT BUILT ON PERSONAL EXPERIENCE

# ABOUT RIPIN

- Independent 501(c)(3) nonprofit organization
- *Peer Professionals*
- Help Rhode Islanders of all ages, abilities, and backgrounds **access and navigate:**
  - Health Care
  - Education
  - Healthy Aging
  - Other services/supports/complex systems



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# What is Self-Directed Supports?

- Service delivery model
- Individuals IDD
- Medicaid funding
- BHDDH







# Why Consider Self-Direction?

- Personal choice and control
- Creative scheduling (staff)
- Person Centered planning
- Activities are directly designed around the person and their goals and interests
- Funds go further
- More hours available for personal support (staff)
- You can combine self-directed services with agency programs

# Differences between choosing Agency Programs & Self-Directed



## Provider Agency

- Costs for program administration and management and transportation
- Less hours of direct support
- Set schedule/hours of operation
- Activities are predetermined
- Training is more generalized

# What is a Fiscal Intermediary (FI)?



- They manage the money that you are allocated
- Provide HR (human resources) duties
- Currently 6 agencies

# What does the FI NOT do?





# Is there help?



Support Brokers

Plan Writers

Personal Network



**Time for our Guests**

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# How DO I start?

Apply for DD  
services

Supports  
Intensity Scale

Person-centered  
planning

Choose a fiscal  
intermediary

Individualized  
Support Plan  
(ISP) and budget

Employer packet  
with the fiscal  
intermediary

State will review  
and authorize  
the plan

# What can a person's life look like when using self-direction?

Life skills training and support

Community and Recreation

Fitness and health

Employment

Transportation

Education and learning

Self-advocacy

Creativity-art, music, theater

# What else can be included in self-direct plans?

- Personal and/or in-home care
- Special equipment
- Nursing and other professional services
- Job development and coaching
- Membership to various supported programs (for example, an art studio, YMCA, social groups, etc.)
- Transportation costs
- Care and/or support in the home
- Physical and Occupational therapy





# What is Person Centered Planning Process?

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# Staffing



Guidelines



Resources

# Staffing -Resources

Care.com



Indeed.com



Friends, Relatives, Neighbors



Sherlock Center: How to get started with Self Direct: [www.ric.edu/sherlockcenter/sds/sdsstart.html](http://www.ric.edu/sherlockcenter/sds/sdsstart.html)



Rhode Island Self-direct Coalition: <https://risdc.org/>

# Contact Us



**401-270-0101**

Monday through Friday  
8:00 AM – 5:00 PM



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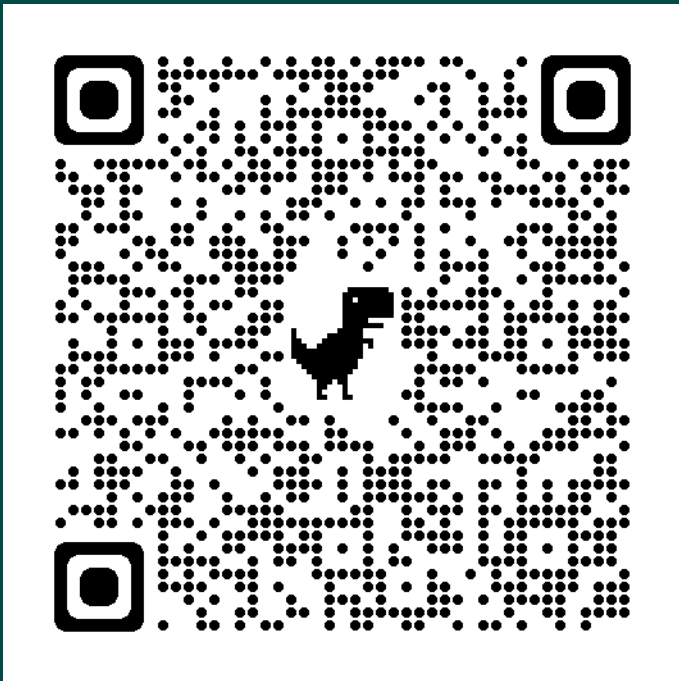
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[https://www.tfaforms.com/forms/view/4813003?fa\\_9=701Qk0000015iEL&tfa\\_23=10.10.23%20SDS%20What%20is%20Self-Direction?](https://www.tfaforms.com/forms/view/4813003?fa_9=701Qk0000015iEL&tfa_23=10.10.23%20SDS%20What%20is%20Self-Direction?)



# Questions

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