

EFMP Liaisons and MTF EFMP Coordinators

EFMP liaisons at Fleet and Family Support Centers provide information, referral, systems navigation and non-medical case management to special needs families.

MTF EFMP coordinators at Military Treatment Facilities provide enrollment assistance, review and process all enrollment and update requests.

Q&A

Q: As an EFM Sponsor, am I deployable?

A: All Sailors must complete unit deployments and maintain worldwide assignability and proper sea/shore rotation, regardless of EFMP status.

Q: Will EFMP enrollment affect promotions and career opportunities?

A: EFMP status is not provided to promotion boards. Every effort is made to match the sponsor's career path with the needs of the family. The sponsor may elect an unaccompanied assignment while the family is supported in another location.

Q: Can an EFM be stationed overseas?

A: Yes, pending an approved Overseas Screening and review by the gaining Medical Treatment Facility (MTF) and Department of Defense Education Activity (DODEA) for verification of available services required to support the EFM.

When Should I Request Disenrollment from the Program?

You may request disenrollment when your exceptional family member (EFM) no longer requires special medical and/or educational services; conditions are in remission for a minimum of three years with no more than routine primary care; or your enrolled family member no longer resides with you due to divorce, loss of custody, or death.



Resources

EFMP & ME

<https://efmpandme.militaryonesource.mil/>
Military One Source - www.militaryonesource.mil
TRICARE - www.tricare.mil

Extended Care Health Option (ECHO)

<http://www.tricare.mil/plans/specialprograms/echo.aspx>

Department of Health and Human Services

www.hhs.gov

Social Security Administration - www.ssa.gov

DoD Educational Activity (DoDEA)

www.dodea.edu

Parent Educational Advocacy Training Center (PEATC) - www.peatc.org

Parent Center Hub -

<https://www.parentcenterhub.org/>

Family Education - www.familyeducation.com

Exceptional Parent Magazine - www.eparent.com

FLEET AND FAMILY SUPPORT CENTERS (FFSC)

CONNECTICUT

New London 860-694-3383

HAMPTON ROADS, VIRGINIA

Dam Neck Annex 757-492-6342

Fort Story 757-422-7311

Little Creek 757-462-7563

Newport News 757-688-6289

Norfolk 757-444-2102

NSA HR - Northwest Annex 757-421-8770

NSA HR - Portsmouth Annex 757-953-7801

Oceana 757-433-2912

Yorktown 757-887-4606

ILLINOIS

Great Lakes 847-688-3603 ext. 100

NEW HAMPSHIRE

Portsmouth 207-438-1835

NEW JERSEY

Earle 732-866-2115

NEW YORK

Saratoga Springs 518-886-0200 ext. 146

RHODE ISLAND

Newport 401-841-2283

NATIONAL RESOURCES

National Suicide Prevention Lifeline ...1-800-273-TALK (8255)

National Domestic Violence

Hotline 1-800-799-SAFE (7233)

National Child Abuse

Hotline 1-800-4-A-CHILD (422-4453)

Sexual Assault Victim Advocate 24/7

DOD Safe Helpline 1-877-995-5247

or call your installation FFSC.

safehelpline.org

Military OneSource 1-800-342-9647

militaryonesource.mil



The Navy's Exceptional Family Member Program (EFMP)



EFMP Family Support

What Is the EFMP?

The Navy's Exceptional Family Member Program (EFMP) serves military families with special medical and/or educational needs. The EFMP is a mandatory enrollment program that includes identification of the family member's special medical and/or educational requirements and enrollment in the program, assignment coordination and family support. EFMP enrollment provides family support throughout the sponsor's career and ensures consideration of the family's needs during the assignment process by ensuring availability of necessary resources at the prospective duty station.



Why Enroll?

Enrollment ensures that the family member's documented medical and/or educational needs are considered during the assignment process. EFMP enrollment is required to enroll in TRICARE ECHO.

Benefits of EFMP Enrollment:

- Facilitates coordination with overseas screening to confirm availability of special medical/educational support overseas
- Provides networking, information, referral, non-medical case management, systems navigation and individualized services plans, and provides assistance during PCS moves
- Promotes peace of mind for deployed Service members and their families
- Enhances command readiness through support to the Service member and family
- Improves retention by providing support to skilled Sailors who might otherwise separate from the Navy to meet their family's needs
- Decreases costly overseas personnel returns by ensuring special medical and/or educational needs are considered during the assignment process

Who Should Enroll in the EFMP?

Military dependents (enrolled in DEERS) with current and chronic medical, dental, mental health, developmental and/or educational conditions requiring special care/services who live with their sponsor should enroll in the EFMP.

How Do I Enroll in the EFMP?

New enrollments are initiated online by EFMP Military Treatment Facility (MTF) coordinators via the Navy Family Accountability and Assessment System (NFAAS).

Enrollment update and disenrollment assistance is provided by MTF coordinators, command EFMP points of contact (POCs), and Fleet and Family Support Center EFMP liaisons.

Enrollment forms are available from any of the above personnel and online at

www.npc.navy.mil or www.militaryonesource.mil.

You must update enrollment every three years or when the family member's special medical and/or educational needs change. Submit your completed EFMP enrollment package to your local/nearest MTF EFMP coordinator for processing.



EFMP Categories (Per OPNAVINST 1754.2F)

Once enrolled, your EFM will be placed into one of six categories, based on the type, severity and frequency of medical/educational intervention they require. Categories are used as a guideline for future assignments.

Category 1:

Enrollment is for monitoring purposes due to medical or educational needs.

Category 2:

No CONUS assignment restrictions. OCONUS and remote assignments may be restricted if the qualifying condition cannot be supported due to the availability of required services.

Category 3:

Some CONUS and OCONUS assignments may be limited based on diagnosis and requirements.

Category 4:

Normally, no overseas assignments. CONUS assignments only and must be near major medical areas, including Hawaii and Alaska. The family member's special medical condition or educational needs require assignment to billets within a 2-hour drive under most conditions to access specialty care. This can be an MTF or a civilian TRICARE facility.

Category 5:

The family member(s) meets criteria for stabilization to remain in a particular geographic location, if the sponsor chooses. The family member's needs are highly specialized, complex, or severe, requiring continuity of care. Sponsors may be required to take unaccompanied assignment to meet mission requirements if resources are not available for the family member(s) at the gaining the duty location.

Category 6:

Temporary category. The medical or educational condition requires a stable environment for six months to one year due to ongoing treatment or diagnostic assessments. This category must be updated within one year to receive permanent category or disenrollment.

****If orders are for overseas or remote duty, the family must successfully complete suitability screening.****