Self-Directed Support Toolkit Section 2

ACTIVITY AND SOCIAL PLANNING



To find the resource you are looking for, please click on the underlined link.

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Link With Your Community

The "Link With Your Community Guide" is an interactive PDF designed to help you find real places, events, and activities you can do in Rhode Island and inspire you to explore more.

It is designed to appeal to everyone. It includes many interests and needs and covers all of Rhode Island's geographic locations.

It can be a great way to get involved in your community, try new things, make social connections, and more!

Explore the guide to find new things in your neighborhood, town, and the whole state!

We know you'll find something new and exciting to do if you take a look!



Accessibility Information



If you require accommodations to visit or participate in any of the activities or locations shared in this guide, many locations and events will share this information on their websites.

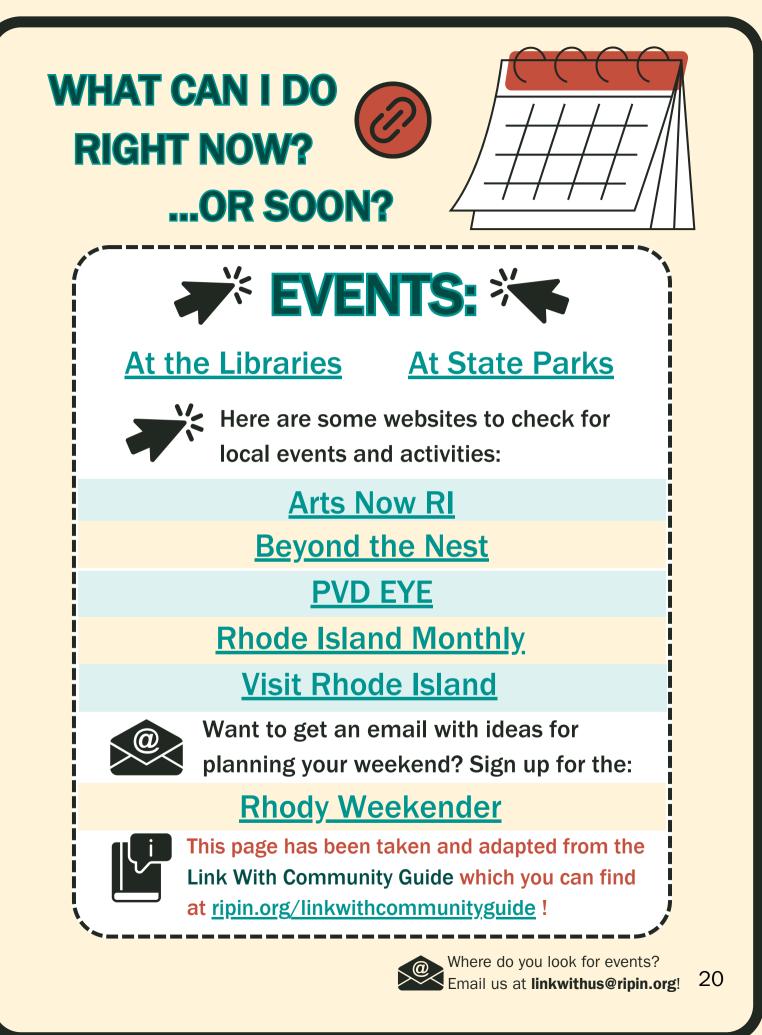
If not, try contacting them directly by email or phone for more information and ask if they can meet your needs.

Below we share information about some information on popular events and places that clearly share this information and offer many accessibility sensory-friendly opportunities.

Audubon Nature Center and Aquarium
Providence Performing Arts Center (PPAC)
Rhode Island Historical Society
RI State Park Accessibility Information
Roger Williams Park Zoo
Trinity Rep Theater



This page is from from RIPIN's Link With Your Community Guide







Social Stories



What are Social Stories?

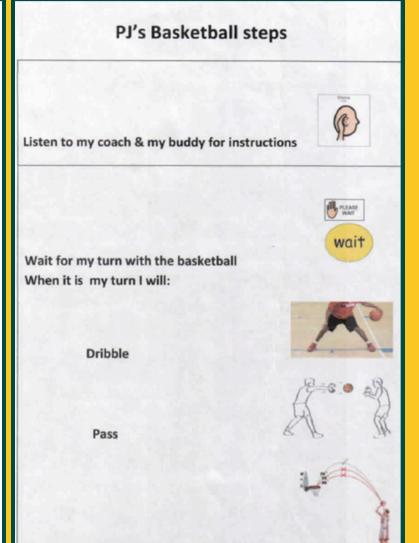
- Short, simple, positive stories.
- Prepare a person for what will happen, what is expected of them, and why certain behaviors are essential.
- Use pictures and/or symbols in addition to words.
- Are best when personalized.
- For some, it can be effective to only have one thought/step with an associated image per page.

What can Social Stories do?

- Explain and help individuals understand social situations, routines, and expectations.
- Address a wide range of social skills, including communication, problem-solving, managing difficult emotions, and changes in their routine.

How to use Social Stories:

- It is recommended that they are read multiple times before a new routine or activity and right beforehand.
- Once the routine/activity has become comfortable, the social story can be used when needed.



Shoot the basketball

We are Going to A Museum

We are going to the Pinball Museum today!

I am very excited!!

There are a lot of pinball machines. It will be loud.

The pinball machines have loud bells and other noises.

They have bright lights.

I may have to wait my turn for a pinball machine I want to play.

That's okay, I know how to wait.

Sometimes waiting is hard, but I can do it.

If I need a break, I can ask my worker.

We will have fun!!!





This is a tool to help staff, family, and peers engage in conversation.

To access the resource, use the QR code or click here.

