

**RIPIN's Self-Directed Support  
Program Presents:  
Mental Health Support  
for Consumers with I/DD  
May 20, 2025**

**RIPIN**



# About RIPIN

- Independent 501(c)(3) nonprofit organization
- *Peer Professionals*
- Help Rhode Islanders of all ages, abilities, and backgrounds access and navigate:
  - Health Care
  - Education
  - Healthy Aging
  - Other services/supports/complex systems



# *What is Self-Direction?*

- A service model for adults with intellectual and developmental disabilities (I/DD)
- Must be found eligible for funding from Behavioral Healthcare, Developmental Disabilities, and Hospitals (BHDDH)
- Allows the person and their family or trusted allies to manage their own budgets, hire their staff, and set their priorities
- Based on the individual's unique support needs and goals



# ABOUT RIPIN'S SELF-DIRECTED SUPPORT PROGRAM (SDSP)

The goal of the Self-Directed Support Program at RIPIN is to guide and support families and individuals in navigating the systems and supports available to them when they choose self-direction.

We do this through:

- Training and Education
- Sharing resources
- Peer Support
- Referrals
- Collaborations with other agencies and organizations



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# Behavioral Healthcare, Developmental Disabilities, and Hospitals, Referred to as BHDDH





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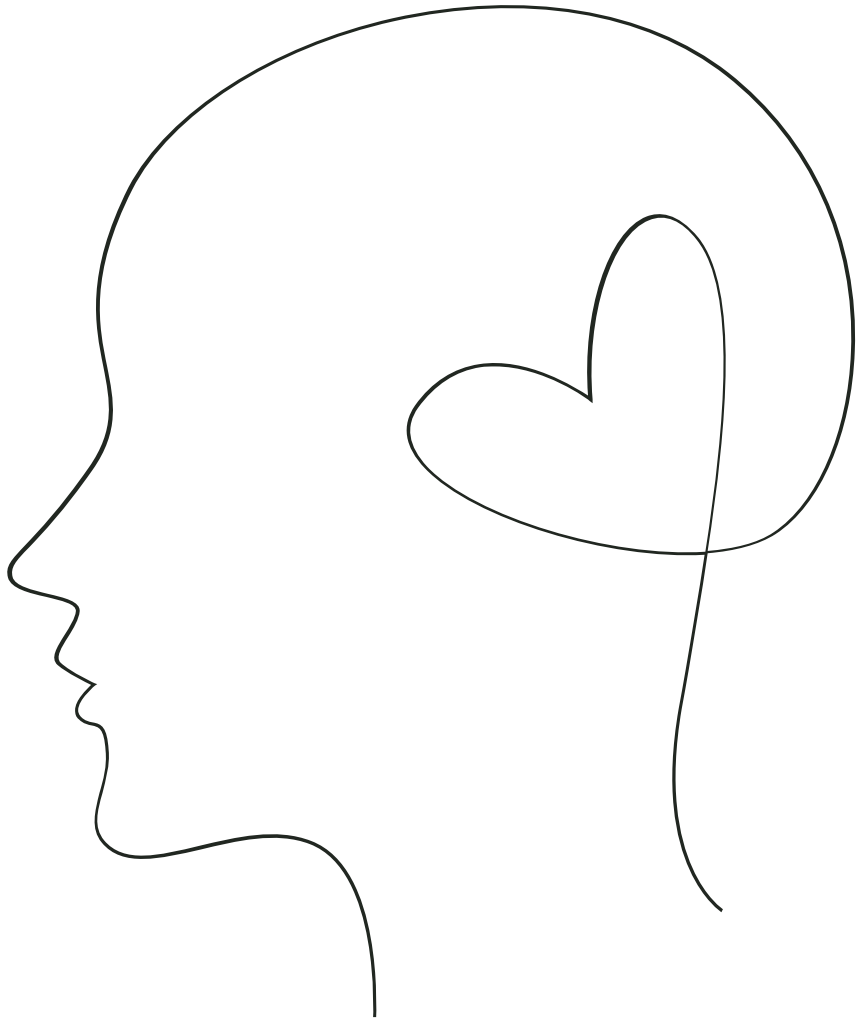
MENTAL  
*health*  
MATTERS

RIPIN

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**TRACY**  
**LEVESQUE**

ASSOCIATE DIRECTOR, CLINICAL AND RESIDENTIAL SERVICES AT THE  
DIVISION OF DEVELOPMENT DISABILITIES – BHDDH



# **Tracy Levesque**

**What is your role at the Division?**

**How does your role connect with DD consumers seeking mental health support?**

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# Contact Information



Tracy Levesque, Associate Director, Clinical and Residential Services at the Division of Developmental Disabilities – BHDDH



[Tracy.Levesque@bhddh.ri.gov](mailto:Tracy.Levesque@bhddh.ri.gov)



(401) 462-0209

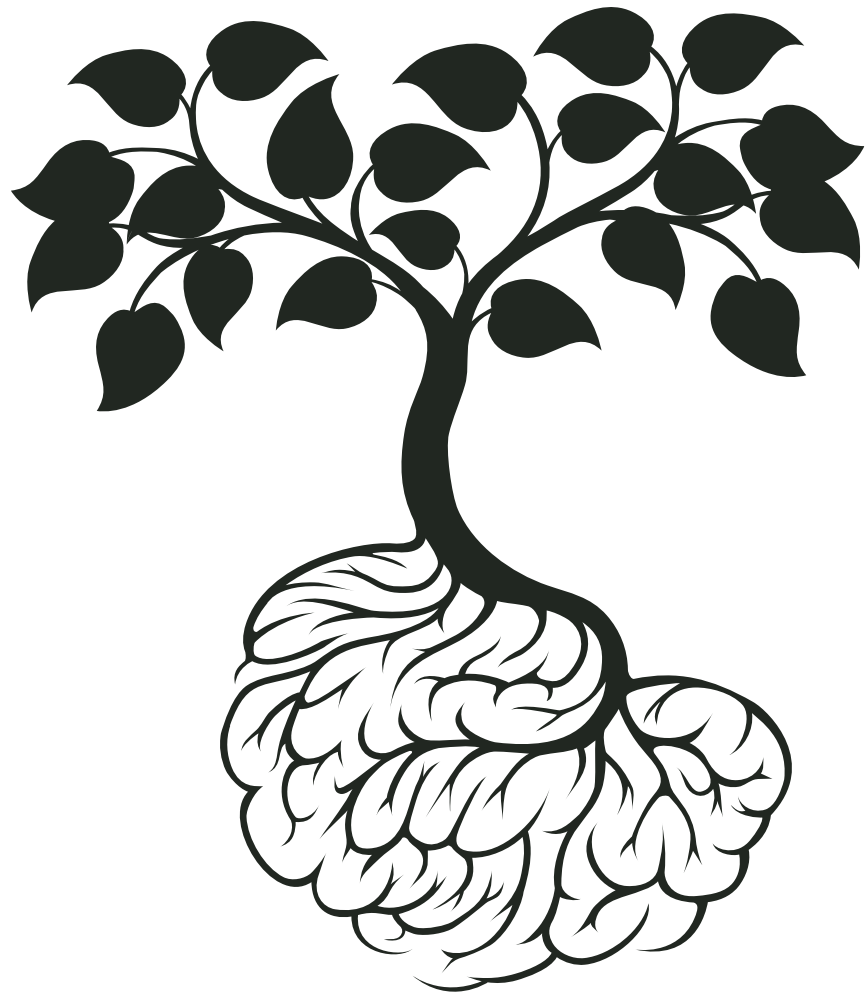
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# TOM MARTIN

DIRECTOR OF BEHAVIORAL HEALTHCARE, BHDDH

# BETH MATTHEWS

ASSOCIATE DIRECTOR- SPECIAL PROJECTS, BHDDH



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# **Tom Martin & Beth Matthews**

What supports are available for individuals with Intellectual and/or Developmental Disabilities (I/DD) looking for behavioral/mental health supports?

How can consumers access these supports?

# Contact Information



Tom Martin, Director of Behavioral Healthcare, BHDDH



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(401) 462-1782

Beth Matthews, Associate Director -Special Projects, BHDDH



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**CHRISTINE**  
**HATHAWAY**

BCBA, SENIOR DIRECTOR OF BEHAVIORAL HEALTH, PERSPECTIVES, AND  
CERTIFIED BEHAVIORAL PLAN WRITER

# Christine Hathaway



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What is a Behavior Plan?

What suggestions, recommendations, or practices do you have for consumers to achieve the best possible outcomes for their mental health?

# Contact Information



Christine Hathaway, BCBA, Senior Director, Behavioral Health, Perspectives



[chathaway@perspectivescorporation.com](mailto:chathaway@perspectivescorporation.com)



**Perspectives Corporation**

(401) 294-3990

(Office hours 8:00 am- 4:30 pm, Monday-Friday)

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# DR. COOPER WOODARD

PHD, BCBA, CHIEF CLINICAL OFFICER, THE GRODEN NETWORK

# DR. SHAREEN HOLLY

PHD, BCBA, PSYCHOLOGIST, OUTPATIENT SERVICES, THE GRODEN NETWORK

# **Dr. Cooper Woodard & Dr. Shareen Holly**

What services and supports exist at the Groden Network that support adults with I/DD and their mental health?

As practitioners, what have you seen as the biggest barrier(s) for your clients striving for mental health wellness?



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# Contact Information



Dr. Cooper Woodard, PhD, BCBA, Chief Clinical Officer,  
The Groden Network



[cwoodard@grodencenter.org](mailto:cwoodard@grodencenter.org)

Dr. Shareen Holly, PhD, BCBA, Psychologist, Outpatient  
Services, The Groden Network



[sholly@grodencenter.org](mailto:sholly@grodencenter.org)



**The Groden Network**  
(401) 274-6310

# Join us for our in-person event this June!

Scoop, Snack, Chat:  
A Sweet Social Gathering

JUNE 26, 2025

4 to 6:30 PM

At The imPOSSIBLE Dream

REGISTRATION IS REQUIRED.



To Register (Placeholder)  
(update QR for registration  
link below)



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Check out our new resource!

**SELF-DIRECTED  
SUPPORT**

**TOOLKIT**



[ripin.org/selfdirectedtoolkit](https://ripin.org/selfdirectedtoolkit)

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Sign up for our monthly newsletter!

# THE NAVIGATOR

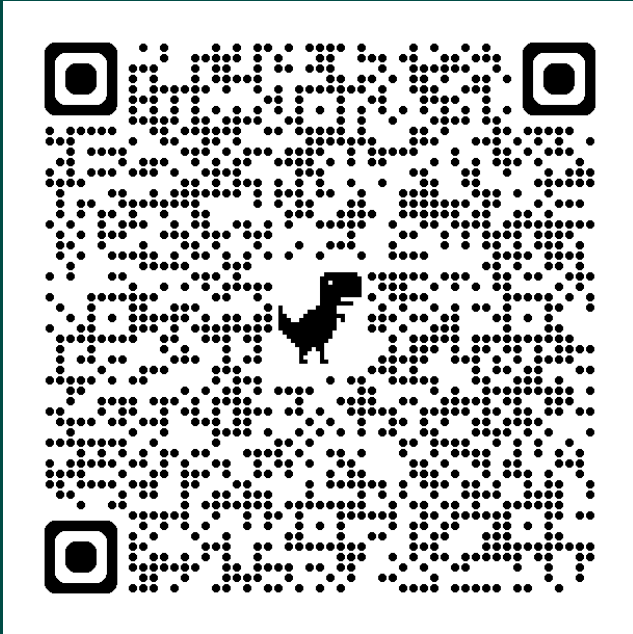
NEWS AND RESOURCES FROM RIPIN'S SELF-DIRECTED SUPPORT PROGRAM



Visit our webpage [ripin.org/selfdirectedsupport](http://ripin.org/selfdirectedsupport) to sign up!

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**Your feedback is important to us!**  
**Please participate in our survey.**



[https://ripin.tfaforms.net/forms/view/4813003?tfa\\_9=701Qk00000MNti0&tfa\\_23=2025-05-20%20Mental%20Health%20Support%20for%20Consumers%20with%20I/DD&tfa\\_144=English&tfa\\_208=](https://ripin.tfaforms.net/forms/view/4813003?tfa_9=701Qk00000MNti0&tfa_23=2025-05-20%20Mental%20Health%20Support%20for%20Consumers%20with%20I/DD&tfa_144=English&tfa_208=)

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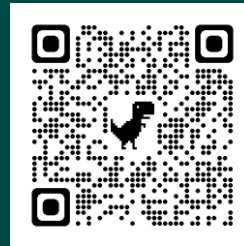
# *Missed something?*

**View our content on the web!**

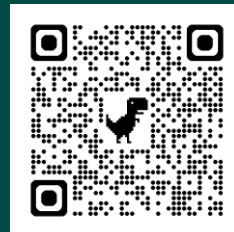
Our live webinars are recorded and posted within a few days to our website for you to view at any time.

**They can be reviewed here:**

Our Self-Directed Support Program's page:  
**[ripin.org/selfdirectedsupport](https://ripin.org/selfdirectedsupport)**



RIPIN's webinar page:  
**[ripin.org/webinars/sdsp/](https://ripin.org/webinars/sdsp/)**



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# Contact Us



**401-270-0101**

Monday through Friday

8:00 AM – 5:00 PM



**SelfDirectedSupport@RIPIN.org**



**Website:** [ripin.org/selfdirectedsupport](http://ripin.org/selfdirectedsupport)

**Facebook:** @RIPIN.ORG

**Twitter/Instagram:** @RIPIN\_RI

