



# WEEKLY TASK CHECKLIST

WEEK OF \_\_\_\_\_

Morning Routine	M	T	W	Th	F	Sa	Su
Brush teeth							
Make bed							
Eat breakfast							

Afternoon	M	T	W	Th	F	Sa	Su
Eat lunch							

Night Time Routine	M	T	W	Th	F	Sa	Su
Eat Dinner							
Brush Teeth							